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# HANOI TRAVELS

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## Sapa Tour Program 4 days / 5 nights (Trekking – Private Tour)

**Depart Hanoi:** 9.30pm on the night train, soft sleeper to Lao Cai.

### Day 1:

Arriving in Lao Cai at 7.00am we take a bus over the mountains to Sapa where we stop for breakfast.

Full day trekking across the valley passing through Lao Chai village where we stop to visit the Tay and Day tribes people and have lunch.

After lunch we continue on to the quaint little village of Ta Van where we settle in for the evening and enjoy their friendly hospitality.

*(Dinner and overnight stay in Ta Van)*

**Day 2:** After breakfast we trek to Giang Ta Chai, village of the Red Dao tribe, where we see some amazing scenery and a beautiful waterfall.

Here we stop for lunch.

Continuing on, our trek takes us over the rolling hills and through a small rainforest. We pass the Muong Hoa River and waterfall to arrive at Ban Ho village, the home of the Tay tribe. On arrival we check into our wooden stilt house and enjoy the peaceful surroundings and friendly people.

*(Dinner and overnight stay in Ban Ho)*

**Day 3:** After breakfast we trek to Thanh Phu village which is set beautifully amongst the surrounding mountains.

Here we stop for lunch and spend some time meeting the local residents and learning their traditional way of life.

We then return to Ban Ho village where our farewell evening meal is being prepared for us.

*(Dinner and overnight stay in Ban Ho)*

### Day 4:

After breakfast a short 45 minute trek to the main road where transport takes us back to Sapa.

We will then have the remaining time to explore the town, have some lunch and do some final shopping before returning to Hanoi.

6pm bus back to Lao Cai railway station for evening train soft sleeper back to Hanoi arriving at 5.40am.

**Tour includes:** Guide, transport and accommodation, all meals and national park entrance fees.

**What's not included in your tour:** Drinks, personal expenses.

**Note:** Please view website for all tour prices.

Please see our Terms and Conditions, prices correct at time of publishing but may be subject to fluctuation.